

# Core Nutrients



DAILY CELLULAR REPLENISHMENT\*

## KEY BENEFITS

- Provides 32 bioavailable vitamins, minerals, and cofactors to address nutrient depletion.\*
- Powers mitochondrial energy production while repairing cells with antioxidants.\*
- Binds and removes toxins while enhancing nutrient absorption and promoting long-term cellular resilience.\*

## PRODUCT DESCRIPTION

Core Nutrients is a comprehensive daily formula designed to replenish essential vitamins, minerals, and cofactors that support mitochondrial function, cellular repair, and metabolic health.\*

With 32 bioavailable ingredients, this formulation addresses modern nutrient depletion caused by environmental toxins, poor diet, and chronic stress.\* B vitamins (B1, B2, B3, B5) and magnesium fuel ATP production, while Pyrroloquinoline Quinone (PQQ)

stimulates mitochondrial biogenesis.\* Antioxidants such as selenium, vitamin C, and alpha-lipoic acid protect against oxidative stress, enhancing detoxification and DNA repair.\*

Core Nutrients also features BioActive Carbon® Technology, which optimizes nutrient absorption and facilitates toxin removal, ensuring systemic resilience and long-term health.\*



## LABEL INFORMATION

**Directions:** Take 2 capsules daily, or as otherwise directed by a healthcare practitioner. Can be taken with or without food.

**CAUTION:** Please consult your healthcare practitioner before use if you are pregnant, breastfeeding, or considering use for a child. Store in a cool, dry place.

**KEEP OUT OF REACH OF CHILDREN.**

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Supplement Facts		
Serving Size 2 Capsules Servings Per Container 60		
	Amount Per Serving	% DV
Vitamin A (as beta-carotene)	960 mcg	107%
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin D (as cholecalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate)	16.5 mg	110%
Thiamin (as thiamin hydrochloride)	15 mg	1,250%
Riboflavin (as riboflavin 5-phosphate)	15 mg	1,154%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxal 5-phosphate)	15 mg	882%
Folate (as L-5-methyltetrahydrofolate calcium)	680 mcg DFE	170%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%
Biotin	600 mcg	2,000%
Pantothenic acid (as D-calcium pantothenate)	15 mg	300%
Choline (as choline bitartrate)	20 mg	4%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (as magnesium taurate complex, magnesium bisglycinate chelate)	50 mg	12%
Zinc (as zinc bisglycinate chelate)	15 mg	136%
Selenium (as selenium glycinate complex)	70 mcg	127%
Copper (as copper bisglycinate chelate)	0.9 mg	100%
Manganese (as manganese bisglycinate chelate)	2.5 mg	109%
Chromium (as chromium nicotinate glycinate)	200 mcg	571%
Molybdenum (as molybdenum glycinate chelate)	50 mcg	111%
Potassium (as potassium glycinate complex)	20 mg	<1%
Alpha lipoic acid	50 mg	†
Lipase and Protease blend	20 mg	†
Inositol	15 mg	†
PQQ (pyrroloquinoline quinone disodium salt)	10 mg	†
BioActive Carbon® Technology BC1 Humic Shale (containing Fulvic Acid)	10 mg	†
Lutein (from marigold flower extract)	3 mg	†
Zeaxanthin (from marigold flower extract)	1 mg	†
Lycopene	1 mg	†
Boron (as boron glycinate)	1 mg	†
Vitamin K2 (as menaquinone-7)	100 mcg	†

† Daily Value (DV) not established.  
Other Ingredients: Vegetable Cellulose (Capsule), Leucine Complex, Silica, Microcrystalline Cellulose.

